



NEWS

Summer's Here...So Take Care

02 December 2004

Workers exposed to severe heat during the looming summer months now have access to information about covering up and reducing the risk of heat stroke thanks to a Workplace Health and Safety Queensland initiative.

[Two advisory brochures](#) have been developed to help employers and employees cope with the oppressive Queensland heat and humidity.

Last year saw record hot temperatures across the state, so advisory information of this nature has never been more important. These educational aides will ensure workers and employers know how best to avoid hazardous heat conditions.

While there is no set temperature levels at which work could be called off during the summer.

However, a general obligation existed for employers to weigh up all contributing factors - such as heat, humidity, water intake, breezes, protective gear, and condition of workers, hours of work and the like - for their staff.

The brochures - Working outside this summer? and Heat Stress: managing the risk - included information about slip, slop, slap and the risks from ultra violet radiation, as well as the more at risk occupations and tips on where to find more information.

There is information about how to work smart, hours to avoid being outside and who is at risk from skin cancer.

The Heat Stress brochure includes more in depth information about heat illnesses, how to detect them and how to avoid them. Hydration, medication and training issues are also discussed

The brochures are available from WHSQ and from the Department of Industrial Relations website, where other information about heat stress and work Information is also available.

Australia generally has a harsh environment and often no more so than in the Queensland tropics and the outback. Working smart and working cool can save lives.